

LIABILITY WAIVER

THE PARTICIPANT AGREES THAT PICKARD POWER SKATE, OUR INSTRUCTORS, AND FLINT ICELAND ARENA, WILL NOT BE RESPONSIBLE FOR ANY ACCIDENTS OR LOSS HOWEVER CAUSED, AND AGREES TO RELEASE THE PROPRIETORS AND/OR THE SKATING RINK FROM ALL CLAIMS OF DAMAGES WHICH MAY ARISE AS A RESULT OF OR ANY REASON OF SUCH ACCIDENT OR LOSS.

IN THE EVENT OF AN INABILITY TO BE CONTACTED, I HEREBY GIVE PICKARD POWER SKATE PERMISSION TO SEEK ANY NECESSARY MEDICAL ATTENTION REQUIRED.

PARTICIPANT'S NAME

MEDICAL INSURANCE NAME AND NUMBER

PARENT/GUARDIAN'S NAME (Print)

PARENT/GUARDIAN'S SIGNATURE

DATE

EMAIL ADDRESS*

*Used for clinic confirmation and notification of future Pickard Power Skate Clinics Only

*\$225.00 PAYMENT DUE WITH APPLICATION

Early Bird Payment of \$200

Must be received prior to July 1

FULL EQUIPMENT REQUIRED AT ALL TIMES WHILE ON THE ICE



Pickard Power Skate
6471 Calkins Road
Flint, MI 48532

PICKARD Power Skate & Stick Handling Camp

Flint Iceland Arenas
AUGUST 12-16th, 2019
MONDAY-FRIDAY
10:00-12:00 NOON



\$225.00 per Skater
2 Siblings for \$435.00
Early Bird Special!

Payment Required Prior to July 1.
One Skater \$200
Siblings \$400

2 HOURS A DAY
10 HOURS OF ICE TIME
IMPROVE AND HAVE FUN!

More Power, More Skills, More Fun

Local Instructors Supporting Local Hockey Associations

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Siblings \$400

Nancy M. (Wicks) Pickard

Canadian Gold Medalist, Power Skating instructor to Olympians, professionals, college, high school and youth hockey players.

LOCAL INSTRUCTORS

Supporting

LOCAL HOCKEY ASSOCIATIONS

Nancy Pickard (Director)

(810) 733-5432

NPickard48@gmail.com

More Power, More Skills, More Fun



DAILY SCHEDULE

Stretch and Warm-up

Power Skate

Stick Handling

Games - Relays - Fun

Individual Attention



SKILLS DEVELOPMENT

Skating Stride

Body Position

Skating Efficiency

Forward and Backward

Crossovers

Stops and Starts

Turns and Pivots

Quickness and Agility



STICK HANDLING

Above Skills with the Puck

Strength

Protecting the Puck

Shooting and Receiving

Explosive Speed

**FULL EQUIPMENT REQUIRED AT
ALL TIMES DURING CAMP**

**ADVANCED MAIL
REGISTRATION REQUIRED**

REGISTER IMMEDIATELY Enrollment Limited

MAIL APPLICATION

AND

CHECK WRITTEN TO:

Nancy M. Pickard

6471 CALKINS RD.

FLINT, MI 48532



Cut and Mail with Payment

PLAYER'S NAME

ADDRESS

CITY/ ZIP

BIRTHDAY & DIVISION FALL 2019

PARENT / GUARDIAN

HOME PHONE NUMBER

WORK PHONE & CELL PHONE NUMBERS

CIRCLE CORRECT T-SHIRT SIZE:

ADULT: small -- medium -- large -- extra large

YOUTH: small -- medium -- large

(OVER)

